The Diary of Saint Faustina

The Diary of St Faustina, canonised in 2000 by John Paul II, was actually written by hand in six notebooks. Jesus had appeared to her in 1931 and asked her to become secretary of His Mercy. He dictated this wonderful revelation of God's Mercy to Sister Faustina over a period of several years.

In our busy, frantic lives, it is not always easy to commence reading a large diary, cover to cover. Here, then, are some short extracts to whet the appetite**. . .**

(Jesus' words are in **red**, Faustina's in **black**; editorial headings and comments are in **blue**.)

The Throne of Mercy

In the extract below, from Notebook V (See No. 1485 in the Diary), Faustina expresses her awareness of having led an unworthy, sinful life. We can each identify with such thoughts. This fills her with fear and dread of God. Jesus addresses this fear and guilt and speaks about the tabernacle in every church:

Extract 1

Soul: Lord I recognize Your holiness and I fear You.

Jesus: My child, do you fear the God of mercy? My holiness does not prevent Me from being merciful. Behold. for you I have established a throne of mercy on earth - the tabernacle - and from this throne I desire to enter into your heart. I am not surrounded by a retinue of guards. You can come to Me at any moment, at any time; I want to speak to you and desire to grant you grace.

Soul: Lord, I doubt that You will pardon my numerous sins; my misery fills me with fright.

Jesus: My mercy is greater than your sins and those of the entire World. Who can measure the extent of my goodness? For you I descended from heaven to earth; for you I allowed Myself to be nailed to the Cross; for you I let My Sacred Heart be pierced with a

lance, thus opening wide the source of mercy for you. Come then, with trust to draw graces from this fountain. I never reject a contrite heart. Your misery has disappeared in the depths of My mercy. Do not argue with Me about your wretchedness. You will give me pleasure if you hand over to Me all your troubles and griefs. I shall heap upon you the treasures of My grace.

Diary 1485 (Notebook V)

Another nugget from the Diary -

- Death and Dying
- The Angelic Spirits
- Conceived in the Mind of God
- Seeking "others" or seeking God
- Faustina writes about Hell
- The Tribunal of Mercy
- The Prayer for Conversion
- Faustina reflects on "giving thanks"
- Heaven
- The Three Degrees of Mercy
- The Litany of Divine Mercy
- Mercy and Justice