

The faithful who, after receiving Communion, recite this prayer before a picture of Christ Crucified may gain a plenary indulgence on any Friday in Lent and a partial indulgence on other days of the year, with the addition of prayers for the Holy Father's intention.

Prayer Before the Crucifix



Behold, O kind and most
sweet Jesus,
I cast myself upon my
knees in Your sight,
and with the most fervent
desire of my soul
I pray and beseech You
that You would impress
upon my heart
lively sentiments of faith,
hope and charity,
with true repentance for

my sins,
and a firm purpose of
amendment,
while with deep affection
and grief of soul
I ponder within myself and
mentally contemplate
Your five most precious
Wounds,
having before my eyes
that which David, the
prophet, spoke of You:

*"They have pierced My
hands and My feet;
they have numbered all
My bones."*